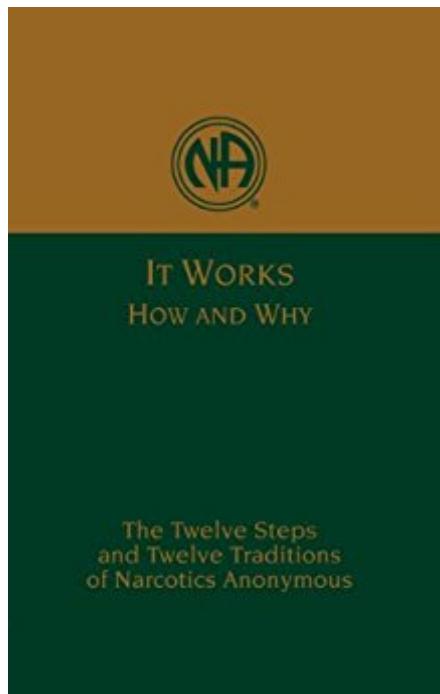


The book was found

# It Works: How And Why



## **Synopsis**

The reasons our program works, the how and why of recovery, are found in the collective wisdom of our members, presented here in twenty-four essays on NA's Steps and Traditions. To the member: This book is a discussion of the Twelve Steps and Traditions of NA, meant to help you determine your own interpretation of the principles contained therein. We hope that this book truly represents the therapeutic value of one addict helping another. •

## **Book Information**

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## **Customer Reviews**

I love this book, it has given me the tools necessary to live a healthy CLEAN life. Thank you Narcotics Anonymous

I love this book it is crucial to working a good program. I like having it on my Kindle for various reasons. One, I don't have to carry a stack of books with me on vacation. Two, I can read it by the pool or on the bus and still protect my anonymity. And lastly I can have it with me at all times. Love

NA

Read the book and other literature, attend meetings, get a sponsor if you are truly sincere about recovery and want it bad enough. This book definitely helped me get my mind in order and my spiritual being. Before reading the book I thought that I was working the program the "right way" and was ignorant to thinking otherwise. This book opened my eyes and made me realize how far a long i've come, but how much farther I have to go. Eternity

This book will help you understand the step working guide!

This book goes into greater detail about the twelve steps, the how and why of each step. Unlike the Basic Text, this is meant to be read in order of steps and traditions. I recommend reading the step and then the corresponding tradition to gain a better perspective. You will find this to be a book you refer to over and over.

For myself, this was a must read! It gave me a better understanding of NA as a whole. Am very greatful I was able to read this via Kindle. Highly recommend this book! Also, I suggest opening mind up and allowing yourself to soak in what writer is expressing. Good luck in your search for recovery, knowledge and inner peace.

EXCELLENT

It Works: How and Why.comI purchased this book for my Kindle Fire so that I would have the step on hand when I needed them. This book is informative and a must if you are interested in working the steps of Narcotics anonymous. Reading this is essential to starting a new a new life in recovery.

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